

IMA TELlicherry
NEWS LETTER- MARCH 2022

Presidents Message



Dear members,

We had a very hectic month in march IMA Thalassery has made a historical land mark in crossing above 500 membership with around 86 new members joining thank you all strengthen the association which is our state presidents and secretaries dream project .Let us also strength in our schemes adding more members to all our schemes and securing our professional and personal and family health.

Thanking you

JAI IMA

Dr. Mini Balakrishnan
President IMA Thalassery

3.ACADEMIC ACTIVITIES

a) BRANCH LEVEL

1)18.03.2022: Tharangam the state President 's YATHRA for membership campaign reached Thalassery on 18th March 2022.A meeting of all hospital managements around Thalassery with the State IMA President Dr.Samuel Koshy took place at IMA hall between 12-1:30pm. It was a fruitful discussion with the state President stressing on the need to declare hospitals and health care establishments as Safe /protected zone.It was attended by 22 members.



2)In the evening on the same day there was a grand reception arranged for State President and Secretary at the same venue which was a well attended programme .Flag salutation by Dr. Nadeem Abootty (Joint Secretary IMA Thalassery), Welcome address given by Dr. Mini Balakrishnan (

President IMA Thalassery).The State President stressed the importance of increasing the membership of IMA thereby strengthening the organization. He also spoke on the burning issue of violence against doctors and the steps being taken by IMA KSB in preventing them. The new membership forms were handed over to the State Secretary by the Branch Secretary. The highlight of the programme was a direct interactive session with the state office bearers for the branch members.It was followed by felicitations by Dr.Samuel Koshy (State President IMA KSB),Dr.Joseph Benaven(State Secretary IMA KSB),Dr.Babu Ravindran T N(Past National Vice President IMA),Dr.Surendra Babu V P(North Zone Vice President IMA KSB),Dr.Srikumar Vasudevan (Convener, National Ethics Committee IMA),Dr.Gopeenathan P (Chairman, Membership Promotion Committee IMA

KSB),Dr.Sasidharan K (Chairman,IMA AMS KSB),Dr.Lalith Sundaram (Chairman,Kannur District Committee IMA KSB),Dr.Suchitra Sudhir (Chairperson,WDW Thalassery)



3) Musical night programme was held on 18.03.2022 at IMA Hall Thalassery which was a well appreciated programme enjoyed by the doctors and family members.



4) “VASTRA” cloth bank initiative programme of IMA WDW Thalassery was inaugurated by State President Dr.Samuel Koshy on 18.03.2022 at IMA Hall Thalassery.



07.03.2022/21.03.2022.

:Membership promotion meeting

Two meetings were conducted during the first and third weeks of March to discuss the strategies to be devised for the purpose of increasing the membership in the branch.

16.03.2022: Membership promotion video

A Membership promotion video was made for popularizing the schemes and benefits of joining IMA to be circulated among

doctors which was highly appreciated by all.



b) DISTRICT LEVEL

1) 13.03.2022: IMA Kannur District Committee in association with Kerala State AIDS Control Society along with IMA Thalassery conducted a District Level Sensitization Training programme on 13.03.2022 at IMA Hall Thalassery. Welcome address given by Dr. Lalith Sundaram (Chairman, District Committee, Kannur), Inaugural address by Dr. Babu Ravindran T N (Past National Vice President IMA). Dr. Surendra Babu V P (North Zone Vice President IMA) addressed the gathering. Dr. R

Ramesh (Project Director KSACS), gave an introduction about the topic. Dr. Abhilash (Consultant Physician, District Hospital, Kannur) gave a presentation about HIV AIDS Diagnosis and treatment programmes. Adv. Jyothy Jagadeesh (DLSA Kannur) spoke on the Legal Aspects of HIV AIDS Testing Rights of Patients and duties of doctors. Dr. Srikumar Vasudevan (Past State President IMA) & Dr. Mini Balakrishnan felicitated the function. 52 members attended the meeting



State Committee for Mental Health meeting held at Calicut. Dr.Sajeev Kumar P B presented on Substance abuse in adolescents.



2) State level core meet

Dr.Mini Balakrishnan and Dr.Sajeev kumar took part in the Core meeting of State Mental Health Committee convened by State President & Secretary in which Dr.Mini Balakrishnan participated as Mission Pink Health State Convenor .

d)STATE LEVEL

1) 13.03.2022: Dr.Sajeev Kumar & Dr.Mini Balakrishnan attended the

e) SUB FACULTY OF AMS

1) 23.03.2022: IMA Thalassery in association with IMA AMS Thalassery conducted a CME on 23.03.2022 at IMA Hall Thalassery. CME on *“Bone marrow transplant: an overview for non hematologists by Dr.Ragesh Radhakrishnan Nair(Director, Haemato-Oncology and BMT,Meitra Hospital, Calicut) and “Interesting cases in intervention Neurology” by Dr.Deep P Pillai(Consultant Intervention Neurology,Meitra Hospital,Calicut)*

The CME was followed by a lively interaction. Dr. Mini Balakrishnan presided over the meeting. 37 members attended the meeting.



f)SPECIAL TRAINING PROGRAMME

1)05.03.2022: First AID Class to workers of ULCCS at construction site University Campus Palayad. Dr.Dhanya Chandran gave an awareness class. 80 workers attended the class.



function. Dr. Shameel Usman (Emergency Physician) gave an awareness class. 50 councilors and Kudumbasree members attended the programme.



2) 14.03.2022: IMA Thalassery and Dharmadam Grama Panchayath conducted a Emergency Life Saving Awareness Class on March 14th 2022 at Dharmadam Co-operative Bank Auditorium, Chirakkuni. Sri. N K Ravi, President, Dharmadam Grama Panchayath President) inaugurated the function. Dr. Mini Balakrishnan, President IMA Thalassery Chief guest of the

3) 15.03.2022: Training for Health workers at District Chest Centre Kannur on 15.03.2022. Class was taken by Dr. Rejna Dilnath. 75 Health workers attended the Training.



4)31.03.2022: Training class for Pharmacist on 30.03.2022 by Dr.Rejna Dilnath at District Chest Centre,Kannur. 80 Health workers attended the Training.




5) ELS Class to workers of Electrical Wireman at Unit Office,Nayanar Road,Thalassery. Dr.Anand gave an awareness class. 75 Wireman attended the Training.

4.ORGANIZATIONAL ACTIVITIES

1.GENERAL BODY

General Body Meeting was held at IMA Thalassery on 23.03.22. Dr.Mini Balakrishnan (President IMA Thalassery) welcomed the gathering. 37 members attended the meeting. Vote of thanks proposed by Dr.Aravind C Nambiar (Secretary IMA Thalassery).



EXECUTIVE MEETING

Dear Doctor,
Notice is hereby issued for Sixth Executive Committee Meeting of the IMA year 2021-'22 to be convened in the IMA Hall, on Wednesday, 2nd March at 8.00 pm.
Kindly attend on time, without fail.
Dr.Mini Balakrishnan Dr.Aravind C Nambiar Dr.Daraj T V
President IMA Thalassery Secretary IMA Thalassery Treasurer IMA Thalassery

SPONSORS -
DR.ARUN KUMAR M K, DR.MANOJ KUMAR P,
DR.SANTOSH M K, DR.SIMI MANOJ & DR.SREEJA VISWANATHAN



2.EXECUTIVE

02.03.2022: Executive Committee

Executive Committee Meeting on 02.03.2022. Dr.Mini Balakrishnan (President IMA Thalassery) welcomed the gathering. 35 members attended the meeting. Vote of thanks was proposed by Dr.Aravind C Nambiar (Secretary IMA Thalassery).

3. RECEPTION TO STATE OFFICE BEARERS

18.03.2022: Grand reception arranged for State President and Secretary at the same venue which was a well attended programme .Flag salutation by Dr. Nadeem Abotty (Joint Secretary IMA Thalassery), Welcome address given by Dr. Mini Balakrishnan (President IMA Thalassery).The State President stressed the importance of increasing the membership of IMA thereby strengthening the organization. He also spoke on the burning issue

of violence against doctors and the steps being taken by IMA KSB in preventing them. The new membership forms were handed over to the State Secretary by the Branch Secretary. The highlight of the programme was a direct interactive session with the state office bearers for the branch members. It was followed by felicitations by Dr. Samuel Koshy (State President IMA KSB), Dr. Joseph Benaven (State Secretary IMA KSB), Dr. Babu Ravindran T N (Past National Vice President IMA), Dr. Surendra Babu V P (North Zone Vice President IMA KSB), Dr. Srikumar Vasudevan (Convener, National Ethics Committee IMA), Dr. Gopeenathan P (Chairman, Membership Promotion Committee IMA KSB), Dr. Sasidharan K (Chairman, IMA AMS KSB), Dr. Lalith Sundaram (Chairman, Kannur District Committee IMA KSB), Dr. Suchitra Sudhir (Chairperson, WDW Thalassery)



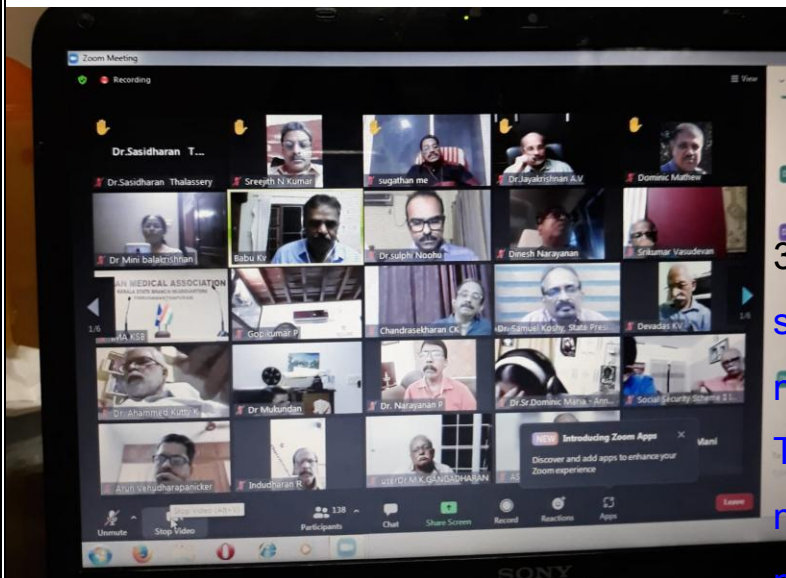
4. BRANCH NEWS LETTER & PUBLICATION

All the important matters were sent by mail to the IMA News letter Editor.

All are activities are reported in IMA Newsletter of Thalassery which is published in our website. (Web site ID: www.imatellicherry.com)

5. ATTENDANCE IN STATE MEETINGS

1) 10.03.2022: An online zoom meeting was held presided by state president to discuss on the issue of Ukrainian medical students and the national presidents letter in this regard addressed to the prime minister.

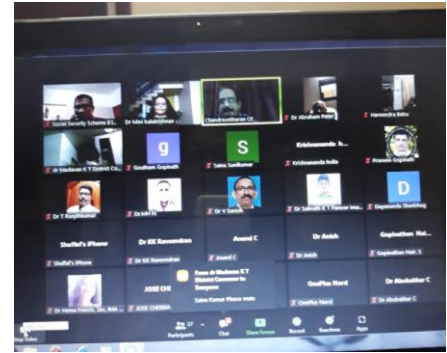


2) 20.03.2022: Dr. Pushparaj as faculty in the ELS Committee State Programme-ELS Hands on training at Aluva.

Dr. Nadeem, Dr. Rizal attended from our branch.

3) 18.03.2022: Tharangam the state President's YATHRA for membership campaign reached Thalassery on 18th March 2022. A meeting of all hospital managements around Thalassery with the State IMA President Dr. Samuel Koshy took place at IMA hall between 12-1:30pm. It was a fruitful discussion with the state President stressing on the need to declare hospitals and health care establishments as

Safe /protected zone.It was attended by 22 members.



5) Plan to constitute a Grievance cell and help line in the branch with including the following members. Dr. Mini Balakrishnan, Dr. Aravind C Nambiar, Dr. Rethika Srikumar, Dr. Sajeev Kumar P B & Dr. Ajith Kumar K N

4) 27.03.2022: ACT force Against Hospital Violence Meeting for the districts of Kannur and Kasargod was attended by Dr. T N Bau Ravindran, Dr. Surendra Babu V P, Dr. Pradeep Kumar, Dr. Aravind C Nambiar, Dr. Mini Balakrishnan, Dr. Madhusoodanan and Dr. Nadeem Abootty.

6) Decided to formulate a Rapid Response Team in the branch to prevent Violence Against Doctors.

6)WOMEN DOCTORS WING ACTIVITIES

08.03.2022: WDW Honoured the famous personalities in and around Thalassery Like Mrs.Anukumari, IAS,Sub Collector,Thalassery, Mrs.Jamuna Rani,Municipal Chairperson,Dr.M S Biji, Dr.T V Radha, Dr.V Radha, Mrs.Sheeja Rajeev, Mrs.Sreena Santosh, New Frontiers Service Organisation, Sai School and Sweet Charitable Trust.

Balakrishnan(President Thalassery).

IMA



Dr.Mini Balakrishnan(President IMA Thalassery) was honoured by Municipal Chairperson Mrs.Jamuna Rani and Sub Collector.

ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY IMA THALASSERY & WDW THALASSERY

Honour women achievers on 8th march 2022 at down town mall, thalassery

- Anukumari IAS SUBCOLLECTOR
- Jamuna Rani Municipal Collector
- Dr MS Biji Pain & Palliative Award
- Dr TV Radha Senior Doctor
- Dr V Radha Senior Doctor
- Sheena Rajeev Lady Lions Forum
- Sreena Santhosh Fitness and First Aid

New Frontiers Service Organisation

SWEET Charitable Trust Women Empowerment



Dr.Suchitra Sudhir honoured by Municipal Chairperson Mrs.Jamuna Rani and Dr.Mini

7.MEETING ON CURRENT ISSUES

07.03.2022/21.03.2022.

:Membership promotion meeting

Two meetings were conducted during the first and third weeks of March to discuss the strategies to be devised for the purpose of increasing the membership in the branch.

16.03.2022: Membership promotion video

A Membership promotion video was made for popularizing the schemes and benefits of joining IMA to be circulated among doctors which was highly appreciated by all.



3. New Whatsapp group started for junior doctors

4. 86 New members joined last 6 months.

5. Membership fees was allowed to be given in installments for many new members

6. Loan facility given to members from Doctors Co-op society

8.ACTION AGAINST VIOLENCE ON DOCTORS

18.03.2022: Tharangam the state President 's YATHRA for membership campaign reached Thalassery on 18th March 2022.A meeting of all hospital managements around Thalassery with the State IMA President Dr.Samuel Koshy took place at IMA hall between 12-1:30pm. It was a fruitful discussion with the state President stressing on the need to declare hospitals and health care establishments as Safe /protected zone.It was attended by 22 members.



5. SOCIAL ACTIVITIES

1. FIRST AID CLASSES & ELS TRAINING

1) 05.03.2022: First AID Class to workers of ULCCS at construction site University Campus Palayad. Dr. Dhanya Chandran gave an awareness class.

2) 14.03.2022: IMA Thalassery and Dharmadam Grama Panchayath conducted a Emergency Life Saving Awareness Class on March 14th 2022 at Dharmadam Co-operative Bank Auditorium, Chirakkuni. Sri. N K Ravi, President, Dharmadam Grama Panchayath (President) inaugurated the function. Dr. Mini Balakrishnan, President IMA Thalassery Chief guest of the function. Dr. Shameel Usman (Emergency

Physician)gave an awareness class.



3)15.03.2022: Training for Health workers at District Chest Centre Kannur on 15.03.2022.Class was taken by Dr.Rejna Dilnath.



4)31.03.2022: Training class for Pharmacist on 30.03.2022 by Dr.Rejna Dilnath at District Chest Centre,Kannur.



5) ELS Class to workers of Electrical Wireman at Unit Office,Nayanar Road,Thalassery. Dr.Anand gave an awareness class.



Thalassery, Camp was conducted by Dr.Maya K, Treasurer, IAP Thalassery,Dr.Shyam K, Secretary, IAP Thalassery & Dr.Anusree A K, ENT Surgeon, Health Services. The camp was attended by around 30 children, many of whom had lost follow ups & their speech related grievances were addressed. Vote of thanks was given by Najiha, Speech Therapist, HOPE.


2.MEDICAL CAMPS

1)21.03.2022: IMA&IAP Thalassery conducted a Medical Camp at HOPE- Early Intervention Centre, Thalassery on 21.3.2022.The speaker was introduced by Nishin, Physiotherapist at HOPE.The programme was inaugurated by Dr.Sujatha, Psychiatrist at HOPE. An awareness class on the common problems faced by differently abled children & their management was taken by Dr.Sakkariya P P, President, IAP



SOUHRIDA CLUB
GHSS KATHIRUR
REPRODUCTIVE HEALTH
Awareness class to
PLUS ONE STUDENTS
by
DR.RADHIKA ARAVIND
Consultant Gynaecologist

2nd 3rd & 4th
March 2022
9.15-10.15am
Venue:Seminar
Hall



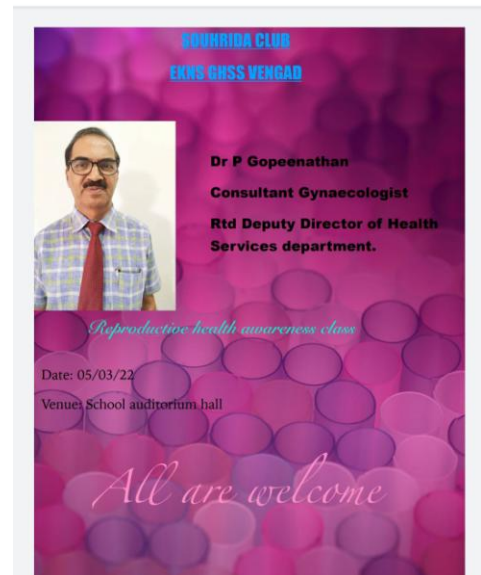
3.HEALTH EDUCATION CLASSES

1)02.03.2022: “Adolescent Health Reproduction Class” at GHSS Kadirur on 02.03.2022.120 students actively participated.Class was taken by Dr.Radhika Aravind.

2)03.03.2022: “Adolescent Health Reproduction Class” at Kolayad HSS on 03.03.2022.150 students actively participated.Class was taken by Dr.Suchitra Sudhir(Chairperson, WDW Thalassery).



4)05.03.2022: “Reproductive Health Awareness Class” at Vengad GHSS on 05.03.2022.200 students actively participated. Class was taken by Dr.Gopeenathan P.



3)04.03.2022: “Adolescent Health Reproduction Class” at Pinarayi HSS on 04.03.2022.150 students actively participated. Class was taken by Dr.Geetha Mekkoth (Secretary WDW Thalassery).



5)05.03.2022: “Reproductive Health Awareness Class” at GHSS Chundangapoiil on 05.03.2022.130

students actively participated. Class was taken by Dr.Sreeja Viswan.



7)09.03.2022: “Reproductive Health Awareness Class” at Azhiyoor HSS on 09.03.2022. 120 students actively participated. Class was taken by Dr.Vasumathy T V.

6)05.03.2022: “Reproductive Health Awareness Class” at Kannadiparamba HSS on 05.03.2022. 100 students actively participated. Class was taken by Dr.Shyjus P.



8)09.03.2022: “Reproductive Health Awareness Class” at AKG

HSS on 09.03.2022. 200 students actively participated. Class was taken by Dr. Geetha Mekkoth (Secretary WDW Thalassery).



10) 11.03.2022: "Reproductive Health Awareness Class" at Sacred Heart HSS on 11.03.2022. 200 students actively participated. Class was taken by Dr. Mini Balakrishnan (President IMA Thalassery).



9) 09.03.2022: "Reproductive Health Awareness Class" at AKG Smaraka Govt HSS on 09.03.2022. 100 students actively participated. Class was taken by Dr. Kanya Mohan.



11) 11.03.2022: "Reproductive Health Awareness Class" at GOVT Town HSS on 11.03.2022. 200

students actively participated. Class was taken by Dr.Geetha Mekkoth(Secretary WDW Thalassery).



13)14.03.2022: “Reproductive Health Awareness Class” at Chakkarakkal HSS on 14.03.2022. 80. students actively participated. Class was taken by Dr.Arunima K T.

12)14.03.2022: “Reproductive Health Awareness Class” at Girls HSS Thalassery on 14.03.2022. 100 students actively participated. Class was taken by Dr.Radhika Aravind.



14)15.03.2022: “Reproductive Health Awareness Class” at Anjarakandy HSS on 15.03.2022. 70 students actively participated.

Class was taken by Dr.Arunima K T.

participated.Class was taken by Dr.Mini Balakrishnan(President IMA Thalassery)



15)15.03.2022: “Reproductive Health Awareness Class” at Muzhapilangad HSS on 15.03.2022. 180 students actively participated. Class was taken by Dr.Geetha Mekkoth(Secretary WDW Thalassery).

17)15.03.2022: “Reproductive Health Awareness Class” at St.Theresa Kannur on 15.03.2022. 150 students actively participated.Class was taken by Dr.Shyjus P.



16)15.03.2022: “Reproductive Health Awareness Class” at GHSS Thiruvangad on 15.03.2022. 100 students actively



18)16.03.2022: “Reproductive Health Awareness Class” at Kadambur HSS on 16.03.2022. 180 students actively participated.Class was taken by Dr.Geetha Mekkoth(Secretary WDW Thalassery).



19)17.03.2022: “Reproductive Health Awareness Class” at GHSS Chattukapaara 17.03.2022. 100 students actively participated.Class was taken by Dr.Gopeenathan P.



20)18.03.2022: “Reproductive Health Awareness Class” at PRMSS Panoor on 18.03.2022. 180 students actively participated.Class was taken by Dr.Remya T K.



Class was taken by Dr.Suchitra Sudhir(Chairperson,WDW Thalassery).



21)19.03.2022: “Reproductive Health Awareness Class” at Padiyur GHSS 19.03.2022. 100 students actively participated. Class was taken by Dr.Gopeenathan P.

23)22.03.2022: “Reproductive Health Awareness Class” at Kuttiator GHSS 22.03.2022. 100 students actively participated. Class was taken by Dr.Suchitra Sudhir(Chairperson,WDW Thalassery).



22)19.03.2022: “Reproductive Health Awareness Class” at Chavassery GHSS 19.03.2022. 100 students actively participated.



24)21.03.2022: Reproductive Health Awareness Class at Chothavoor HSS on 21.03.2022. 180 students actively

participated. Class was taken by Dr.Remya T K.



25)22.03.2022: “Reproductive Health Awareness Class” at Kadambur HSS on 22.03.2022. 120 students actively participated. Class was taken by Dr.Geetha Mekkoth(Secretary WDW Thalassery).



26)23.03.2022: “Reproductive Health Awareness Class” at Shivapuram HSS on 23.03.2022. 100 students actively participated. Class was taken by Dr.Suchitra Sudhir(Chairperson WDW Thalassery).



27)24.03.2022: “Reproductive Health Awareness Class” at Thottada GHSS Kannur on 24.03.2022. 70 students actively participated.Class was taken by Dr.Shyjus P.



29)24.03.2022: “Reproductive Health Awareness Class” at Kadambur GHSS Kannur on 24.03.2022. 120 students actively participated.Class was taken by Dr.Shyjus P.

28)24.03.2022: “Reproductive Health Awareness Class” at MM HSS Thalassery on 24.03.2022. 70 students actively participated.Class was taken by Dr.Razia K V.



World Water Day & World TB Day

5.COMMUNITY DEVELOPMENT PROGRAMMES



1)05.03.2022: Dr.Mini Balakrishnan(President IMA Thalassery) gave a presentation on the various projects planned by IMA Thalassery for the upliftment of health of the deprived sections of the society within the limits of THALASSERY MUNICIPALITY at municipal hall for the councilors.

4.INVOLVEMENT IN NATIONAL HEALTH PROGRAMMES

All National Health days were observed .

World Hearing Day,
International Women's Day,
Measles Immunisation Day,
World Down Syndrome Day,
World Consumer Rights Day,
National Vaccination Day,



Thalassery), Adv.Omana,Mrs.K K Nisha address the gathering.



2) International Womens Day debate by Yuvajana kshema board.

Yuvajana kshema board conducted a debate on Womens Health Day at Govt Girls Higher Secondary School,Thalassery.Municipal Chairperson Mrs.Jamuna Rani presided the function.Sub Collector Mrs.Anukumari inaugurated the function. ,Mrs.Dhanya Krishnan, Dharmadam SI,Dr.Mini Balakrishnan(President IMA

3) "VASTRA" cloth bank initiative programme of IMA WDW Thalassery was inaugurated by State President Dr.Samuel Koshy on 18.03.2022 at IMA Hall Thalassery.



4. Amongst a variety of Womens Day initiatives, Dr. Shyjus P was able to Collaborate in a programme with a difference. Seniors girls of Kannur Govt Polytechnic, Thottada who had got inspired by our earlier sessions on Menstrual Cups, decided to gift their juniors with a Menstrual Cup, on this womens Day.

5) Our Charitable Society New Frontiers Trust run by Women Doctors and family members decided to support a food processing unit run by Transgender community by bulk purchasing of their products.

Financial aid Rs.13000 for 3 deserving people.

Food for street dwellers Rs.8400

6) Menstrual Cup distribution for 2000 adolescent girls by

as a combined project of Kannur Dist Panchayath and Dr.Shyjus (President ,Kannur Gynaec Society).

6.OBSERVATION OF IMPORTANT DAYS

03.03.2022: World Hearing day

Awareness Class at General Hospital Thalassery for Health Workers by Supdt,General Hospital,Thalassery.

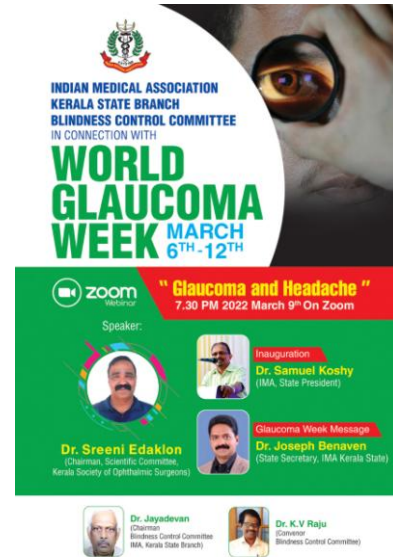


6.NAMMUDE AROGYAM SUBSCRIPTION

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 1000 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery. An increasing hundred copies this month.



- Flash mob& Poster Competition was conducted by the Nursing students on the event of World Hearing Day and Supdt ,General Hospital,Thalassery awarded them gift.



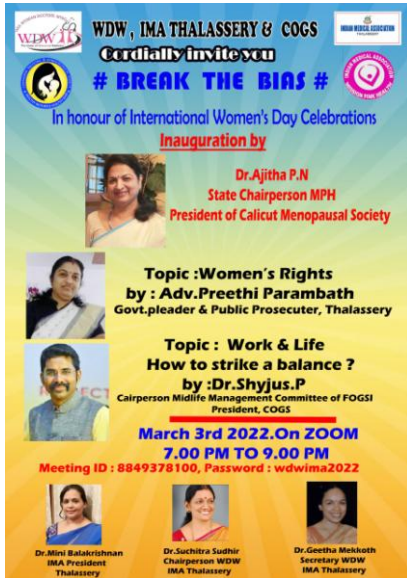
06.03.2022: World Glaucoma Week March 6th- 12th

IMA Kerala State Branch and Blindness Control Committee conducted a Talk on “Glaucoma and Headache” by Dr.Sreeni Edakhlon,Consultant Ophthalmologist, Comtrust Eye Care Hospital, Thalassery) on March 9th at 7.30pm on Zoom Platform. Dr.Samuel Koshy(State President IMA) inaugurated the function. Glaucoma Week message by Dr.Joseph Benaven(State Secretray IMA).

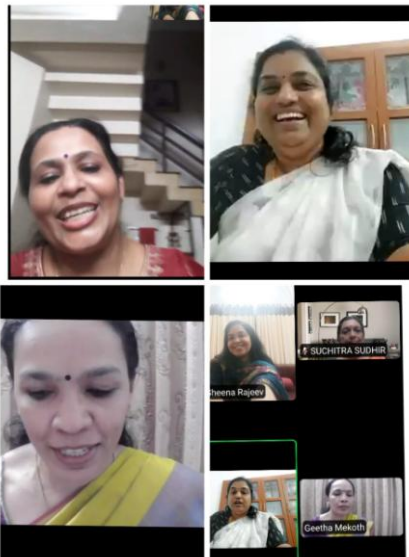
08.03.2022: International Womens Day

- IMA Thalassery,WDW Thalassery and COGS Kannur conducted a Talk on “Womens Rights” by Adv.Preethy Parambath,Govt Pleader and Public Prosecutor,Thalassery& “Balancing Work and Life” by Dr.Shyjus P Nair,President Cogs. Dr.Mini Balakrishnan(President IMA Thalassery) presided the function .Dr.Ajitha P N(State

Chairperson,MPH)
inaugurated the function.



Various service organizations like lions club, BREXA, COGS, Rotary Club and Sai school took part in the programme.



7) Beach Walkathon was held
on 6/3/2022 at
muzhapilangad beach
Chief Guest: Mrs.Anukumari, IAS,
Sub Collector, Thalassery.

- Flash mob was conducted by the WDW Thalassery



ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY IMA THALASSERY & WDW THALASSERY

Honour women achievers on 8th march 2022 at downtown mall, thalassery

- Anukumeri IAS SUBCOLLECTOR
- Jamuna Rani Municipal Collector
- Dr MS Biji Pain & Palliative Award
- Dr T V Radha Senior Doctor
- Dr V Radha Senior Doctor
- Sheena Rajeev Lady Lions Forum
- Sreena Santhosh Fitness and First Aid

New Frontiers Service Organisation

SWEET Charitable Trust Women Empowerment

A collage of photos showing various women and their achievements. The photos are arranged in a grid-like fashion, with some larger than others. The text 'New Frontiers Service Organisation' and 'SWEET Charitable Trust Women Empowerment' is overlaid on the collage.

8) Honouring Women Achievers programme was held at downtown mall where 9 women achievers/organizations were honoured .



9) IMA Thalassery, Government College Thalassery Women's Cell in association with KSWDC conducted a Awareness class on Menstrual Hygiene and Physical Health by Dr. Dhanya Chandran, Medical Officer, Dharmadam).

10) Dr. Mini Balakrishnan (President IMA Thalassery) was honoured by State Bank of India on the occasion of International Womens Day.



M Mathrubhumi മാതൃഭൂമി
'മെൻസ്ട്രുവൽ കപ്പ്' സമ്മാനമായി നൽകി വനിതാദിനാചരണം



കണ്ണൂർ ഗവൺമെന്റിന്റെ സഹായത്തോടെ നടത്തിയ വനിതാദിനാചരണത്തിൽ സാമൂഹിക സൗഹൃദം പ്രതിബദ്ധിച്ച് ഡോ. പി. ഷൈജസ് വിദ്യാർത്ഥിനികൾക്ക് മെൻസ്ട്രുവൽ കപ്പ് സമ്മാനിച്ചു. കണ്ണൂർ സർവ്വകലാശാലയിൽ 'മെൻസ്ട്രുവൽ കപ്പ്' സമ്മാനിച്ചു വനിതാദിനാചരണം. കണ്ണൂരിലെ ഗവൺമെന്റ് കോളേജിന്റെ സഹായത്തോടെ കണ്ണൂർ ഗവൺമെന്റിന്റെ സഹായത്തോടെ നടത്തിയ വനിതാദിനാചരണത്തിൽ സാമൂഹിക സൗഹൃദം പ്രതിബദ്ധിച്ച് ഡോ. പി. ഷൈജസ് വിദ്യാർത്ഥിനികൾക്ക് മെൻസ്ട്രുവൽ കപ്പ് സമ്മാനിച്ചു. കണ്ണൂർ ഗവൺമെന്റിന്റെ സഹായത്തോടെ നടത്തിയ വനിതാദിനാചരണത്തിൽ സാമൂഹിക സൗഹൃദം പ്രതിബദ്ധിച്ച് ഡോ. പി. ഷൈജസ് വിദ്യാർത്ഥിനികൾക്ക് മെൻസ്ട്രുവൽ കപ്പ് സമ്മാനിച്ചു. കണ്ണൂർ ഗവൺമെന്റിന്റെ സഹായത്തോടെ നടത്തിയ വനിതാദിനാചരണത്തിൽ സാമൂഹിക സൗഹൃദം പ്രതിബദ്ധിച്ച് ഡോ. പി. ഷൈജസ് വിദ്യാർത്ഥിനികൾക്ക് മെൻസ്ട്രുവൽ കപ്പ് സമ്മാനിച്ചു.

10/03/2022 PAYYANUR Pg 02

Amongst a variety of Womens Day initiatives, Dr. Shyjus P was able to Collaborate in a programme with a difference. Seniors girls of Kannur Govt Polytechnic, Thottada who had got inspired by our earlier sessions on Menstrual Cups, decided to gift their juniors with a Menstrual Cup, on this womens Day.



11) International Womens Day debate by Yuvajana kshema board. Yuvajana kshema board conducted a debate on Womens

Health Day at Govt Girls Higher Secondary School, Thalassery. Municipal Chairperson Mrs. Jamuna Rani presided the function. Sub Collector Mrs. Anukumari inaugurated the function. , Mrs. Dhanya Krishnan, Dharmadam SI, Dr. Mini Balakrishnan (President IMA Thalassery), Adv. Omana, Mrs. K K Nisha address the gathering.

Dr. Akhil P R (Nephrologist, Tellicherry Co-operative Hospital) conducted an "Kidney diseases awareness class" for health workers of Tellicherry Co-operative Hospital.

MAR.10
www.malayalavaartha.live

മലയാള വാർത്ത



വൃക്കരോഗ ബോധവൽക്കരണ ക്ലാസ് സംഘടിപ്പിച്ചു

ലോക കിഡ്നി ദിനത്തിന്റെ ഭാഗമായി കോ.ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റലിൽ വൃക്കരോഗ ബോധവൽക്കരണ ക്ലാസ് നടത്തി. ആശുപത്രിയിൽ വച്ച് നടന്ന ബോധവൽക്കരണ പരിപാടിയിൽ നെഫ്രോളജിസ്റ്റ് ഡോ.കുടർ അഖിൽ പി ആർ ക്ലാസ്സെടുത്തു.

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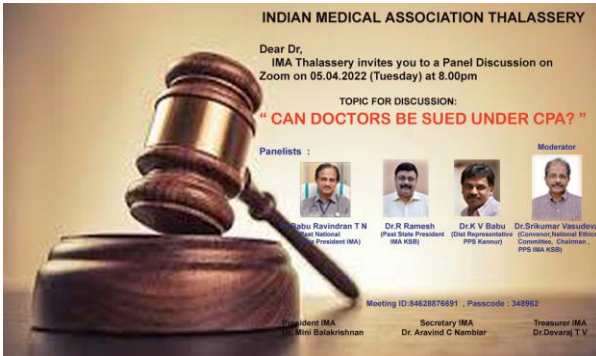
@malayalavaartha



10.03.2022: World Kidney Day

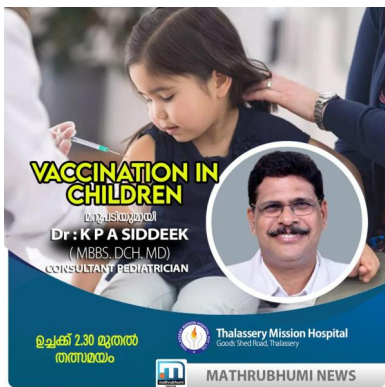
15.03.2022: World Consumer Rights Day

The panel discussion on the Topic “Can doctors be sued under CPA” is planned on April 5th 2022 on the occasion of World Consumer Rights Day.



16.03.2022: National Vaccination Day

17.03.2022: Dr.Siddeek K P A gave an awareness class on Mathrubhumi News regarding Vaccination in Children.



16.03.2022: National Immunisation Day

- Measles Day observation at FHC Muzhapilangad. Class by Dr.Priya P R(Treasurer WDW Thalassery).



- Took awareness class to Mothers and Bystanders of post LSCS ward GH Thalassery. Class by Dr.Maya Jithin.



- Observed Measles Immunisation day at Hospitals by distributing pamphlets to the patients & bystanders.



- Awareness class in FM Radio on Immunisation by Dr. Dilnath Kallat on 21st March



20.03.2022: World Oral health day

Dr. Rajeevan V K attended a Oral Health Workshop at District Hospital, Kannur where he was the Chief guest.



ലോക വദനാരോഗ്യ ദിനത്തോടനുബന്ധിച്ച് ജില്ലാ ആശുപത്രിയിൽ ഒരുക്കിയ ശില്പശാല സുപ്രണ്ട് ഡോ വി.കെ.രാജീവൻ ഉദ്ഘാടനം ചെയ്യുന്നു. മലയാള മനോരമ

'ദത്ത രോഗങ്ങളും മോണ രോഗങ്ങളും യഥാസമയം ചികിത്സിക്കണം'

കണ്ണൂർ • ദത്ത രോഗങ്ങളും മോണ രോഗങ്ങളും ശരിയായി ചികിത്സിച്ചില്ലെങ്കിൽ ശരീരത്തിന്റെ രോഗപ്രതിരോധ ശേഷി കുറയാൻ ഇടയാക്കുമെന്നും ഹൃദ്രോഗം, ആമാശയ രോഗം, പ്രമേഹം തുടങ്ങിയവയിലേക്കു നയിക്കുമെന്നും വദനാരോഗ്യ ശില്പശാലയിൽ വിദഗ്ധർ. ലോക വദനാരോഗ്യ ദിനത്തിനു തുണോടിയായി ജില്ലാ ആശുപത്രിയിൽ ഒരുക്കിയ ശില്പശാല സുപ്രണ്ട് ഡോ വി.കെ.രാജീവൻ ഉദ്ഘാടനം ചെയ്തു. സീനിയർ ഡെന്റിൽ കൺസൾട്ടന്റ് ഡോ. കെ.എ.സുജാത, ആർ.എ.ഐ ഡോ. സി.വി.ടി.ഇസ്‌മായിൽ, സീനിയർ ഡെന്റിൽ ഹൈജിനിസ്റ്റ് അജയ കുമാർ കരിവെള്ളൂർ, നിമിഷ കൃപേഷ്, ബി.റസിയ, സ്റ്റാഫ് കൗൺസിൽ സെക്രട്ടറി അനിത മുഖൻ എന്നിവർ പ്രസംഗിച്ചു. ഡോ. മിരൻ നാരായണൻ ക്ലാസ് നയിച്ചു.

23.03.2022: IMA Telemedicine day

Dr. Biji was honoured on the occasion of World Tele medicine Day on being awarded the International Telemedicine Day excellence Award. She was honoured by MLA Adv.A N Shamseer at a Public function in Chokli.



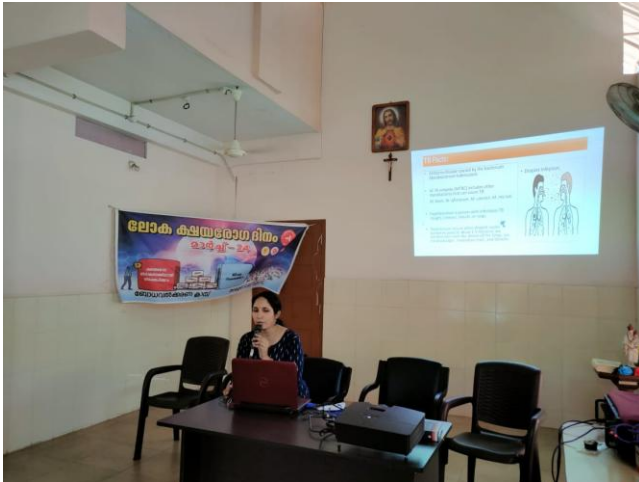
24.03.2022:World TB Day

Dr.Rejna Dilnath(Vice President IMA) gives a talk on Tuberculosis on World TB Day at AKG Hospital,Kannur.Sri.Madhusooda nan,MLA inaugurated the function. Dr.Geetha Mekkoth also attended the function.



- Awareness class on TB at Josgiri Hospital Thalassery by Dr.Rejna Dilnath.





- Talk on latent TB treatment at Govt Medical College Pariyaram by Dr.Rejna Dilnath.



- Awareness class on TB at Koyili Hospital Kannur by Dr.Rejna Dilnath.

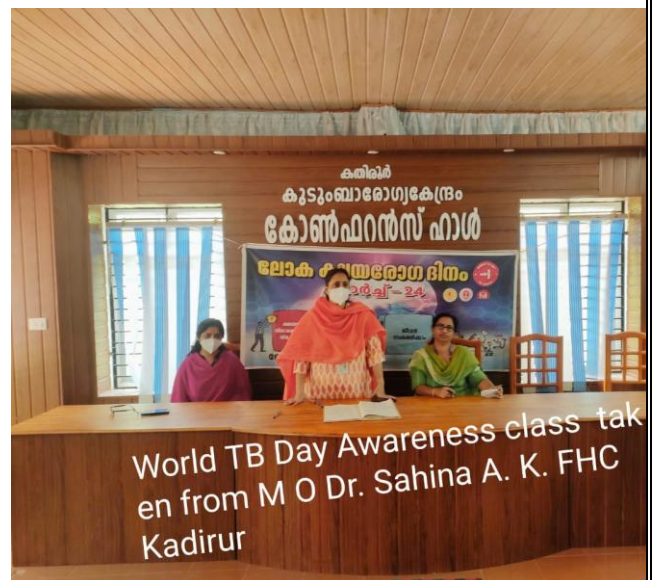


- Dist TB Centre,Thalassery TB Unit,IMA Thalassery and General Hospital Thalassery conducted a World TB Day programme at General Hospital,Thalassery.Dr. Ajith Kumar K N(Chief Medical Consultant) presided the

function. Dr. Ashadevi (Sudbdt, General Hospital, Thalassery) inaugurated the function. Awareness class by Dr. Abdul Kareem. Flash mob by nursing students of college of nursing, Tellicherry co-op Hospital. Dr. Pushparaj, Dr. Jithin and Dr. Muneer felicitated the programme.



- World TB Day Awareness class taken from Dr. Sahina A K, Medical Officer, FHC Kadirur.



21.03.2022: Down Syndrome Day
 IMA&IAP Thalassery conducted a Awareness class and Medical Camp at HOPE- Early Intervention Centre, Thalassery on 21.3.2022. The speaker was introduced by Nishin, Physiotherapist at HOPE. The



programme was inaugurated by Dr.Sujatha, Physiatrist at HOPE. An awareness class on the common problems faced by differently abled children & their management was taken by Dr.Sakkariya P P, President, IAP Thalassery, Camp was conducted by Dr.Maya K, Treasurer, IAP Thalassery,Dr.Shyam K, Secretary, IAP Thalassery & Dr.Anusree A K, ENT Surgeon, Health Services. The camp was attended by around 30 children, many of whom had lost follow ups & their speech related grievances were addressed. Vote of thanks was given by Najiha, Speech Therapist, HOPE.



22.03.2022:World Water Day

Handing over the certificate and prize money for the winners of the “Conservation of Water” Essay in connection with World Water day 22nd March under the auspices WDW,IMA Thalassery.



IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.



Water recycling plant built by the students(Pattanoor HSS)

TIDA PROJECT
Tellicherry IMA Doctors Alliance LLP (TIDA) a Project of Tellicherry IMA is planning a Residential Project with Club House and Conference Hall,(Healers Heaven) at Edakkad for which land has been purchased and construction work has started.
Work progress

7.SPECIAL PROJECTS OF THE BRANCH

- *Earth Excavation in Apartment area
- *Site office masonry work
- *Temporary Electrical connection masonry work
- *Site clearing
- *Fencing

Tekton informed TIDA they can finish civil work in 18-20 months time period.

ADOPTION OF THE VILLAGE

IMA has identified village with lower socioeconomic status and has adopted that village for further medical camps treatment and improving their health conditions near Pettipaalam.

MISSION PINK HEALTH

All the Mission Pink Health activities are going on and has been reported to the Mission Pink Health Chairperson.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited. 23 members of our branch have joined.

Award

03.03.2022: Felicitation for Dr.Biji M S by Mrs.Anukumari,IAS

Sub Collector, Thalassery in a function conducted by KCCC at Conference Hall, Malabar Cancer Centre, Thalassery.



Dr.BIJI was honoured by JCI for receiving the International Award for Excellence in Palliative Care 2021-22



IMA & Media

08.03.2022: Press Meeting

On the occasion of World Glaucoma day Dr.Simi Manoj

and Dr.Sreeni Edakhlon attended a press meet to announce free Galucoma Testing at 20 Hospitals in Kannur District.



കണ്ണൂർ

ഗ്ലോക്കോമയെ പ്രതിരോധിച്ചില്ലെങ്കിൽ കാഴ്ച പോകും, മുന്നറിയിപ്പുമായി ഡോക്ടർമാർ ; 10 ന് 20 കണ്ണാശുപത്രികളിൽ സൗജന്യ ഗ്ലോക്കോമ പരിശോധന

PUBLISHED ON: MARCH 9, 2022 | 8:22 PM

21.03.2022: Awareness class in FM Radio on Immunisation by Dr. Dilnath Kallat on 21st March .

ആകാശവാണി കണ്ണൂർ 101.5 FM

FM ഹെൽത്ത് പ്ലസ്

ആകാശവാണി ആരോഗ്യ വിജ്ഞാന പ്രക്ഷേപണം

മാർച്ച് 21 തിങ്കൾ 7.35 PM

മിഷൻ ഇന്ദ്രധനുഷ്

ഭാഗം 1

Dr. Dilnath Kallat
(Pediatrician)
Asst. Surgeon
Family Health Centre
Muzhapilangad

Producer : P V Prasanth Kumar (Programme Executive)
Compere: P V Prabhath

17.03.2022: Dr.Siddeek K P A gave an awareness class on Mathrubhumi News regarding Vaccination in Children.

VACCINATION IN CHILDREN

മനുഷ്യരുമായി

Dr : K P A SIDDEEK
(MBBS, DCH, MD)
CONSULTANT PEDIATRICIAN

ഉച്ചക്ക് 2.30 മുതൽ തത്സമയം

Thalassery Mission Hospital
Goods Shed Road, Thalassery

MATHRUBHUMI NEWS

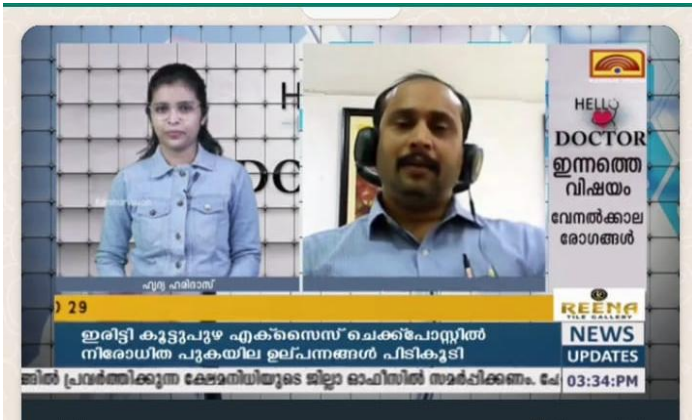
21.03.2022: Dr.George M D gave an awareness class on Mathrubhumi News regarding Knee Replacement



PUBLIC RELATIONS & SOCIAL INVOLVMENT

07.03.2022: Organising Committee meeting for Beach Walkathon on the event of World Womens Day at Office of Sub Collector, Thalassery.

25.03.2022: Dr. Aravind C Nambiar (Secretary IMA Thalassery) gave an Awareness Class on Kannur Vission regarding Summer diseases.



08.03.2022: Yuvajana kshema board conducted a debate on Womens Health Day at Govt Girls Higher Secondary School, Thalassery. Municipal Chairperson Mrs. Jamuna Rani presided the function. Sub Collector Mrs. Anukumari inaugurated the function. , Mrs. Dhanya Krishnan,

Dharmadam SI, Dr. Mini Balakrishnan (President IMA Thalassery), Adv. Omana, Mrs. K K Nisha address the gathering.

Dr. Mini Balakrishnan was honoured by the Lady Lions Forum and the Lions District Governor by giving the memento.



20.03.2022: Lady Lions Forum meet was convened at Banale Hotel Kannur. Dr. Mini Balakrishnan was an invited guest.

Talk was given by Dr. Mini Balarishnan on Womens Health and Stress Managment.





challenge in which IMA Thalassery is actively participating and few members have joined for health fit life .

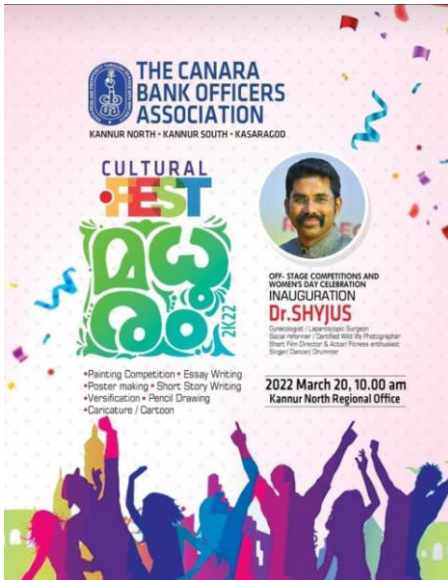
13.03.2022: Dr.Babu ravindran was one of the chief guests for graduation ceremony at Kannur Medical College,Anjarakandy .



20.03.2022: Dr.Shyjus was as an invited as a guest for Canara Bank Officers Association Cultural fest.

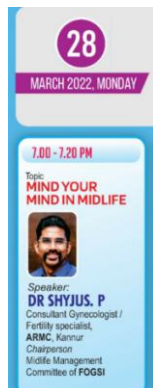


22.03.2022: Dr.Geetha M has been selected as the one of the faculty for Choose to loose



28.03.2022: Dr. Shyjus was an invited guest for Thrissur ONG Society presented a topic Mind your mind in Middle .

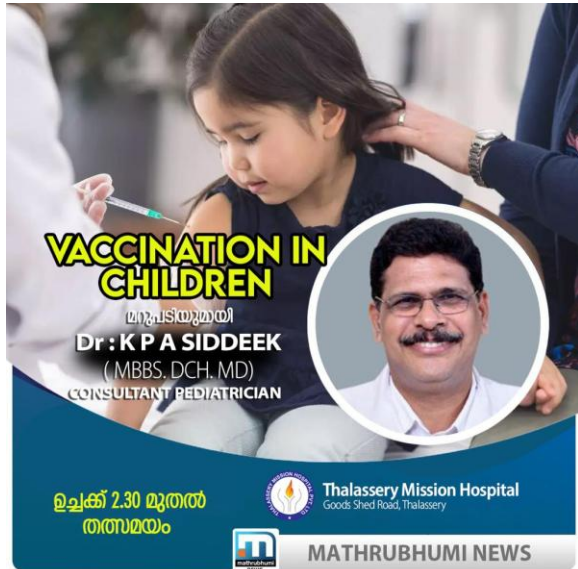
PAPER CUTTINGS



28.03.2022: Dr. Shyjus was the invited guest for Graduation Ceremony at Gems School.

TV News

17.03.2022: Dr.Siddeek K P A gave an awareness class on Mathrubhumi News regarding Vaccination in Children.



21.03.2022: Awareness class in FM Radio on Immunisation by Dr. Dilnath Kallat on 21st March



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